

Health & Safety Statement

Abilities United Ltd is committed to ensuring the health, safety, and wellbeing of all participants, coaches, volunteers, and visitors involved in our activities.

We aim to provide a safe environment while delivering inclusive and accessible sports sessions for adults with disabilities and enhanced football training and strength and conditioning sessions.

Our Responsibilities

- To carry out risk assessments for all activities and venues
- To ensure venues used are safe, suitable, and wheelchair accessible
- To provide appropriate, well-maintained equipment
- To hold appropriate Public Liability Insurance

Session Safety

- All participants are encouraged to take part at their own pace
- Coaches provide clear instructions and adapt activities to suit individual needs
- Participants and carers are asked to inform coaches of any medical conditions or support needs
- Any accidents, incidents, or near misses will be recorded and reviewed

Emergency Procedures

- Emergency contact details are held for all participants
- First aid support will be available during sessions
- Emergency services will be contacted where required

Review

This Health & Safety Statement is reviewed regularly to ensure safe practice is maintained.

